

April - June 2019

Health Partners

A quarterly publication of Coffeyville Regional Medical Center

Meet
Christy McCullough, MSN
The Regions FIRST
Breast Health Nurse Navigator

Inside:

IR Nurse & Breast Health Nurse Navigator
New Therapeutic Pain Management Procedures
Identifying Allergies in Children
CRMC Rehab Team
One Year Later: Boone Mattix Debo
CRMC Auxiliary History
Community Outreach & Events
Physicians Listing and More!

Compliments of:



**Coffeyville Regional
Medical Center**

www.crmcinc.org



Your partner in health for 70 years

Coffeyville Regional Medical Center

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70th Anniversary Celebration

**Saturday, May 11, 2019
12pm-2pm**

**North Parking lot on CRMC Campus
(1400 W. 4th Street, Coffeyville, KS)**

**Free Food, Inflatables,
Hospital Tours, Giveaways and More!**



Dear Friends and Neighbors,

I want to start out by saying how blessed our hospital is to be an integral part of this community and region. As you know, our hospital is celebrating its 70th Anniversary this year and we couldn't be more proud than to share this milestone with you. We hope you enjoy

reading about our history in each of our magazines this year. You will find a great article on the history of our Auxiliary on page 18.

We are excited to tell you that CRMC now offers 3D mammography. This is great news to women in our region. The Hologic Genius 3D Mammography unit is clinically proven to significantly increase the detection of breast cancers, and decrease the number of return calls for additional testing. And the even better news.... we now also have a Breast Health Nurse Navigator (BHNN) in place to assist women who have abnormal mammograms to quickly get the follow-up testing they need. This is a huge win for women in our region. Beginning on page 4 you will meet Christy McCullough, our BHNN, and the amazing team of Mammography Technicians in our Medical Imaging Department.

CRMC also now provides Therapeutic Pain Management procedures within our Medical Imaging Department. Led by Dr. David Gutschenritter, Interventional Radiologist, these new services can provide pain management procedures that are very effective for treating many types of spine and neck pain as well as some types of musculoskeletal pain. Please read more on page 8.

Remember last March we announced the birth of Boone Debo – the largest baby born in the history of Montgomery County, and the second largest in the state? Well, we caught up with him in this issue. And, boy has he grown. We talked with mom, dad, and big sister to find out about Boone's favorite things.

We sincerely hope you will join us for our community celebration to be held on Saturday, May 11th from 12:00pm – 2:00 pm. Come celebrate our 70th Anniversary with us. There will be lots of fun, food and activities for all. Meet our physicians, staff and take a tour. If you haven't been to our hospital in a long while or at all, come see for yourself the modern and state-of-the art facility you have....right here in your back yard.

Yours in health,
Lori

Lori Rexwinkle, MSN
Chief Executive Officer

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On the cover:

Christy McCullough, MSN, the region's first Breast Health Nurse Navigator.

Interventional Radiology Nurse and Breast Health Nurse Navigator Program - Only at CRMC

Meet Christy McCullough, MSN

Christy McCullough, MSN, has been with CRMC since 2011, starting as a "temporary" where she held several jobs in the Surgery Department while still in nursing school. Christy went on to get a Masters in Science Degree in Nursing Administration. After graduating, Christy worked on the Acute Care floor and then as a circulating nurse in the Surgery Department for seven years.

Today, Christy's new position is two-fold. She is the Interventional Radiology (IR) Nurse working with Interventional Radiologist, Dr. David Gutschenritter, who provides minimally invasive procedures for diagnostic and treatment, and provides options for pain management. Taking this job led to the opportunity to become the first Breast Health Navigator at CRMC.

Breast Health Navigator Program

If you are diagnosed with breast cancer, the news can create fear and anxiety, along with many questions and concerns for you and family. There are many things to consider, such as treatment options for your particular situation, information about physicians, what to expect, and what to do next. We understand how confusing and overwhelming a diagnosis of breast cancer can be. That is why CRMC recently implemented the Breast Health Nurse Navigator program under the direction of Christy McCullough, MSN – to help with just that.

What is a Breast Health Navigator?

A Breast Health Nurse Navigator is a Registered Nurse who is specifically trained and educated to help breast cancer patients "navigate" the steps involved in seeking treatment and care in the ever-complex health care system.

The navigator serves as a proactive patient representative to provide guidance. She can also:

- Provide educational resources and emotional support.
- Serve as a nurse educator who provides the facts and explains advantages and disadvantages to help the patient make decisions.
- Serve as a facilitator/liaison between physicians and patient, communicating recommendations for patient care and ensuring patient compliance and understanding.
- Assist with scheduling appointments.
- Give direction to resources that can help the patient with such things as transportation to appointments, financial assistance, and available social services.

Time-saving Diagnostic Testing and Treatment

The Breast Health Nurse Navigator is able to save precious time when the patient first learns the diagnosis of cancer. With access to "standing orders" from area physicians in Southeast Kansas, Christy can coordinate and expedite your care. She can order any necessary tests, such as MRI or ultrasound, lab work, treatment and follow-up care prescribed by your team of breast health specialists. She further explained, "If a woman comes in for a mammogram and gets an abnormal result and the next step is to get an ultrasound guided breast biopsy, I am able to get that scheduled and be with the patient during the procedure as well."

She can answer your questions and explain medical procedures, and she can provide comfort, compassion and emotional support to you and your family. The Breast Health Nurse Navigator program provides for a speedier process beneficial to the patient when time is critical.

"Then as the Breast Health Nurse Navigator, if needed, I would be able to refer those patients to an oncologist, cancer center or general surgeon of their choosing. If they choose to continue their care at CRMC, I am able to follow up with them more closely. These dual roles allow me to be with the patient every step of the way and help them know they have someone by their side; I try to make a scary situation easier to handle."

After diagnosis, patients seen at the CRMC Cancer Treatment Center will benefit from further care navigation. Vicky Portwood, MSN, Director of Cancer Treatment Services provides patient education, assistance with medications, and further appointments as needed. In addition, with CRMC's association with Midwest Cancer Alliance, we can assist with obtaining a second opinion, genetic counseling and psychological counseling as well. "I take great pride in providing our patients with the best possible care I can, provide encouragement, and being there to assist them through their treatment process", said Portwood.

FACT:

A recent Journal of Clinical Oncology study showed that patients with a nurse navigator rated their care higher and reported fewer problems than patients without one. "Navigation saves patients' lives by helping to eliminate the non-medical issues that prevent them from getting the life-saving care they need," says Monica Dean, program manager for hospital systems and patient navigation for the American Cancer Society.

(Womans Day Oct. 2016)

In addition to the Breast Health Navigator role, Christy also serves in another role as the Interventional Radiology (IR) Nurse. Christy explained she was already working as the IR Nurse within the Medical Imaging Department. "When I was asked to implement the Breast Health Navigator Program, it was a perfect fit for me," said Christy. I am located in the Medical Imaging Department with the Mammography team, so adding this new role went hand-in-hand with the Breast Health Navigator Program."

As the IR Nurse, Christy's duties include patient interviews for health history, medications, and to ensure they get lab work done prior to a procedure, scheduling the procedures and then assisting Interventional Radiologist Dr. Gutschenritter during these procedures.

Christy is located in the Medical Imaging Department. She is available to assist all breast cancer patients and their families through diagnosis, surgery and post-surgery. She can answer questions and inform patients on what to expect all while providing emotional support throughout the process. **To contact Christy, call 620-252-1179**

About Christy McCullough, MSN

Christy knew at an early age that she wanted to become a nurse. At age 12, Christy was diagnosed with osteosarcoma of the right femur. "I had several rounds of chemotherapy before I underwent a right femur transplant," she said. "I went through two more years of chemotherapy and intense physical therapy to learn how to walk again. During those years, I spent a lot of time at the hospital and I remember those nurses to this day. My experience would have been completely different without them. Nurses turned an unknown and scary situation into something I could understand, and filled my days with laughter. This experience was what inspired me to become a nurse—to be able to help patients and their families, too. I really did not choose nursing; nursing chose me," she said.

Christy is married to Jake, whom she met at Washburn University in Topeka. Jake was born and raised in Coffeyville, which is what brought Christy here. They have a five-month old son, delivered at CRMC by Dr. Stephen Miller.

Christy and husband like to golf, Volunteer for the Foundation and help with CRMC Foundation 5K Run. She also serves on the Bill Read Golf Tournament committee. Christy is an enthusiastic fan of the KU Jayhawks and the New York Giants. She loves to work out and will start training soon for a half marathon. Christy also loves to travel and has been to France, Italy, England, and Hawaii, with many other destinations on her to-do list.



Remind ME

MAMMOGRAM REMINDER PROGRAM

Will you remember to get your annual mammogram? Sign up for Coffeyville Regional Medical Center's **Mammogram Reminder Program.**

Sign up in 3 Simple Steps



Go to our website
www.crmcinc.org/remindme



Fill out the
Mammogram Reminder Form



Click on the Submit Button,
It's that easy!

*It's one appointment that
could save your life.*

A physician order is not necessary to have a mammogram. However your results will need to be sent to your primary care or OB/GYN physician.

Genius 3D Mammography Exams

Coffeyville Regional Medical Center is excited to offer Genius™ 3D Mammography™ exams, developed by Hologic, Inc., a worldwide leader in Women's Health. Utilizing advanced breast tomosynthesis technology, Genius exams are clinically proven to significantly increase the detection of breast cancers and decrease the number of women asked to return for additional testing. "CRMC is committed to the fight against breast cancer. In offering the Genius exam, we provide a more accurate tool for breast cancer screening," says Lori Rexwinkle, CEO. "And having a Breast Health Nurse Navigator to guide our patients fulfills an important missing piece for patients with abnormal mammograms."

In conventional 2D Mammography, overlapping tissue is a leading reason why small breast cancers may be missed and normal tissue may appear abnormal, leading to unnecessary callbacks. A Genius exam includes a three-dimensional method of imaging that can greatly reduce the tissue overlap effect.

A Genius exam includes both 2D images and tomosynthesis scans. During the tomosynthesis-DIMENSIONAL portion of the mammogram, an X-ray arm sweeps in a slight arc over the breast, taking multiple images. A computer then converts the images into a stack of thin layers, allowing the radiologist to review the breast tissue one layer at a time. A Genius 3D mammogram exam requires no additional compression and takes just a few seconds longer than a conventional 2D breast cancer screening exam.

- The Genius™ 3D Mammography™ exam finds 20-65% more invasive breast cancers compared to 2D alone, an average increase of 41%.
- Only the Genius™ 3D Mammography™ exam is FDA approved as superior for women with dense breasts compared to 2D alone.
- The Genius™ 3D Mammography™ exam reduces callbacks by up to 40% compared to 2D alone.

About Genius™ 3D Mammography™ Exams

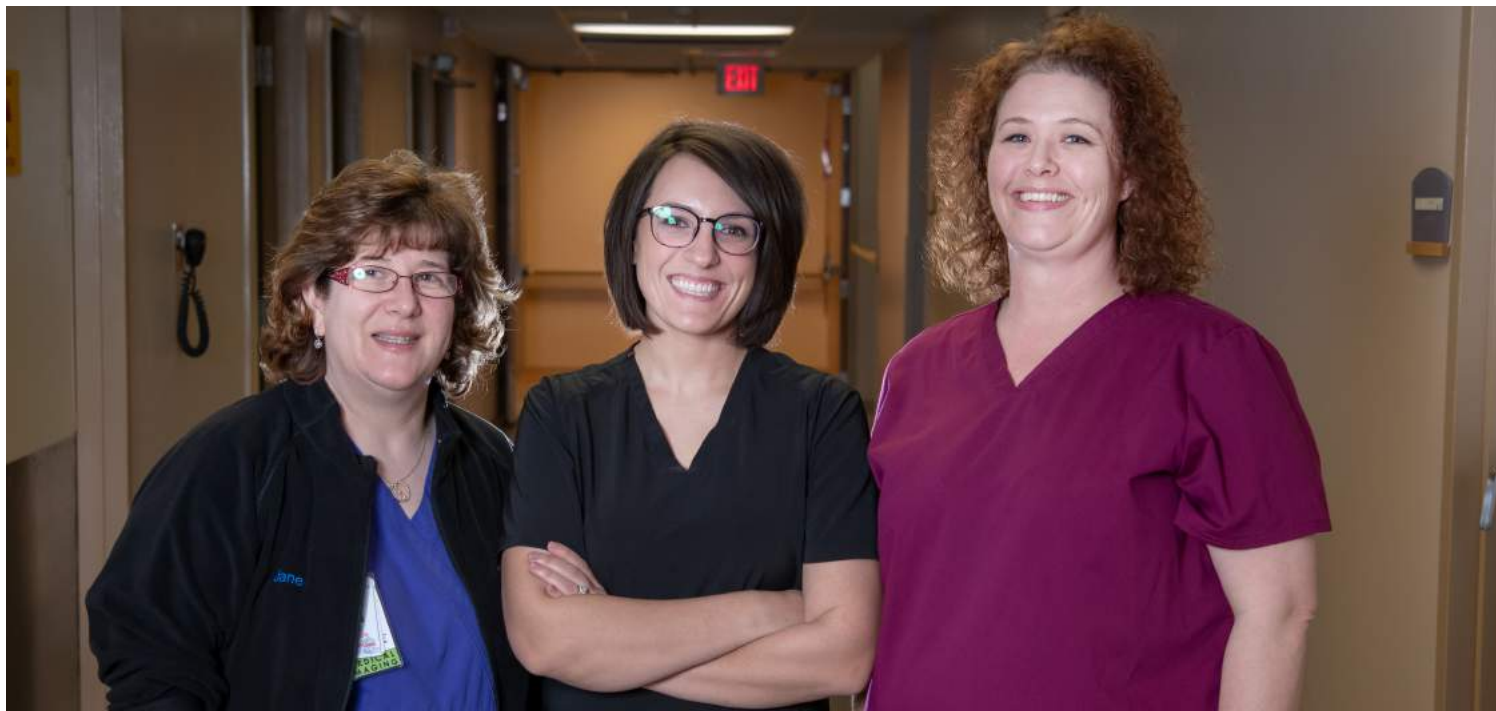
The breast is a three-dimensional object composed of different structures located at different heights within the breast. These structures can overlap and cause confusion when viewed as a flat two-dimensional image. This confusion of overlapping of tissue is a leading reason why small breast cancers may be missed and normal tissue may appear abnormal, leading to unnecessary callbacks. Using breast tomosynthesis technology, the Hologic system creates a 3-dimensional image of the breast structure, which enables radiologists to more clearly see through overlapping tissue to detect cancers, often at an earlier stage.

The Hologic system is the first FDA-approved breast tomosynthesis system in the U.S. Hologic Genius 3D Mammography™ exams are now available in all 50 states and over 50 countries. To date, more than 8 million women have been screened with this advanced screening system.



*Breast cancer survivor and nine-time GRAMMY® award winner **Sheryl Crow** chooses the Genius™ 3D Mammography™ exam.*

CRMC'S Mammography Team



Pictured Left to Right : Jane Noland, R.T. (R)(M)(CT)(QM), Maggie Hoesli, R.T. (R)(M), and Trudi Vail, R.T. (R)(M)

Jane Noland, R.T.(R)(M)(CT)(QM)

Jane Noland has been with CRMC working in the Medical Imaging Department since 2015. She and her husband David moved to Coffeyville from Anchorage, Alaska in 2013 after he retired with 20 years of service in the United States Air Force. They chose to move to Coffeyville to be closer to family members who live in the area.

Jane has been an X-ray Technologist for 33 years and has done mammography throughout her career. She was certified in Mammography in 1993 and is also registered in CT and Quality Management.

When asked why she chose this career, Jane said, "I enjoy meeting new people and helping to ease their anxiety. It is fascinating to see how much technology has changed over the years. Now we are finding cancers earlier and earlier. It is so important to get your annual mammogram so that any subtle changes can be monitored, and cancer can be detected early."

Maggie Hoesli, R.T. (R)(M)

Maggie has been at CRMC in a full-time capacity since March 2018; however, she worked on a part-time basis for two years prior. Before joining CRMC, Maggie worked at Fredonia Regional Hospital for nine years.

In 2010 Maggie completed her radiology training at Labette County Community College and became certified in Mammography. In addition to performing mammograms, Maggie also works in MRI, CT and X-ray and assists with many Interventional Radiology procedures with radiologist Dr. Gutschenritter.

Maggie explained why she chose to go full-time at CRMC. "While working part-time on the weekends, I was able to learn about CRMC and heard so many positive things about CRMC from former and current employees. When I looked at the long-term retention of many of the employees, I knew that I was making the right decision. I can honestly say that I love coming to work every week. The family environment and aspect of "fun" that my fellow coworkers bring to each workday makes every day enjoyable."

Trudi Vail, R.T. (R)(M)

Trudi Vail is a Registered Mammography Technologist and has been with CRMC for 17 years in the Medical Imaging Department. It is easy to see that Trudi loves what she does, and her patients love her, as well.

When asked about her job, Trudi said, "I like meeting all kinds of people and getting to know them. You really get to know your patients when you see them for their annual mammogram, and those relationships are rewarding. It feels like I have my own special circle of friends from doing my job. I am blessed in knowing I can make my patients comfortable during their test."

"I know the importance of having an annual mammogram," said Trudi. "They truly do save lives." If you are 40 or older and have not scheduled your annual mammogram, call 620-252-1523 today!

Remind ME
Mammogram
Reminder Program
Learn details in page 5.

THERAPEUTIC PAIN MANAGEMENT

Now Available at Coffeyville Regional Medical Center

Interventional Radiology (IR) Pain management procedures are very effective for treating many types of spine and neck pain as well as some types of musculoskeletal pain. Depending on the source of the pain, Interventional Radiology pain management procedures may be used to diagnose, to deliver pain relief, and to treat the underlying cause while providing pain relief.

If you're suffering from chronic or acute pain caused by a known injury or illness, Coffeyville Regional Medical Center now offers many innovative types of interventional radiology treatments to provide you with effective pain management, and in some cases, eliminate the source of your pain altogether.

We sat down with Dr. Gutschenritter, Interventional Radiologist at CRMC to discuss some of the new treatments that we now offer to the community.

What are interventional radiology pain management procedures?

A pain management procedure is an image-guided injection of medication through a precisely placed, small needle. This is performed by a licensed, interventional radiologist in the medical imaging department. These procedures can provide pain relief with the goal of returning you to normal activity. They can also give additional knowledge about your condition and find the source of your pain. Injections can be performed in the back, the spine, and joints.

Is this an invasive procedure? How long does it take?

No, typically most pain management injections take 30 minutes. These procedures are done in an outpatient setting. Depending on the area to be injected, you will be positioned on an x-ray table on your stomach or back. The area will be cleansed with antiseptic solution and a local anesthetic will be applied to numb the area where the needle will be inserted. Depending on the type of procedure you're having, the injection may contain an anesthetic and/or steroid preparation to provide immediate as well as longer relief.

Can I resume normal activity once the procedure is finished?

Refrain from driving, rigorous activity and alcohol consumption for the remainder of the day. You can resume normal activity the next day. You may feel soreness at the needle insertion site for two to three days; you can use an ice pack to relieve any discomfort, up to 15 minutes per hour.

About Dr. David Gutschenritter

Dr. David Gutschenritter, M.D. grew up in Neodesha, KS and is happy to return to SE Kansas to practice. He is board certified in Interventional Radiology through the American College of Radiology and has been practicing since 2013.

If you are suffering from chronic or acute pain, talk to your medical provider about therapeutic pain management options available at CRMC.





SURGICAL SPECIALISTS DELIVERING COMPASSIONATE CARE

CRMC Medical Group - Specialty Clinic
1400 W. 4th Street
Coffeyville, KS 67337

620-252-1639

CRMC Medical Group - Independence
122 West Myrtle
Independence, KS 67301

620-577-4062



CRMC is the only hospital in the region to be Accredited by The Joint Commission. The oldest and most respected accreditation body in healthcare. And that means quality care for you and your family.



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CRMC NEWS

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**CAMP
BLUE & O.K.
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HEALTH AND SAFETY
FAIR**

**UNDER THE SEA
ADVENTURE**

**SATURDAY, MAY 4, 2019
9:00AM - 12:00PM
FIELD KINDLEY GYMNASIUM
(COFFEYVILLE, KS)**

FREE TO THE PUBLIC Kids Event!
Vendor Booths • Prizes Given Out All Day •
• Face Painting • Inflatables • Kansas Kutie Clowns
and Much More!

CRMC seeking Community Feedback for 2019 Health Needs Assessment

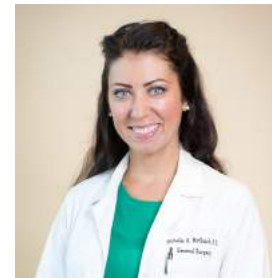
In order to gauge the overall healthcare needs of Montgomery County KS residents, CRMC invites area residents to participate in a Community Health Needs Assessment (CHNA) online feedback survey. The goal of this assessment is to understand progress in addressing community health since 2016 and to collect up-to-date community health perceptions.

To accomplish this work, a short online survey has been developed and can be accessed by following the "CHNA 2019" link on our homepage at www.crmcinc.org, or by going to our Facebook page, www.facebook.com/CoffeyvilleRegionalMedicalCenter. The survey will be available and open on May 1, 2019.

All community residents are encouraged to complete the confidential CHNA 2019 online survey by Wednesday, July 31, 2019.

Michelle McGuirk, MD receives Board Certification

Coffeyville Regional Medical Center is proud to announce Michelle McGuirk, MD – General Surgeon – has received her Board Certification by the American College of Surgeons.



"Being Board Certified is important to me and should be important to my patients and community. It's a way of showing my dedication to reaching the highest standard of care – enabling optimal quality of care for my patients", said McGuirk. Board Certification by the American College of Surgeons demonstrates a physician's exceptional expertise in their field.

Dr. McGuirk joined the CRMC medical staff in 2017 and brought the latest general surgery techniques and procedures to our facility. After working in basic-science research, as well as biomedical device engineering, Dr. McGuirk decided she wanted to see how her work could directly benefit patients. "I attended medical school so that I could interact with, and impact patients and their families," said Dr. McGuirk.

Beginning in 2008, Dr. McGuirk attended the University of Colorado Medical School in Aurora. Following medical school, she moved to Wichita where she was a Senior Surgical Resident at the Wichita Center for Graduate Medical Education. She graduated from the program and moved to Coffeyville to practice as a General Surgeon at CRMC. "It's just a great fit," said Dr. McGuirk. "I want to stay in Coffeyville and make a noticeable impact. I feel very natural here, and I have positive interactions with staff and providers here at CRMC."

Aaron Russell, MD, General Surgeon joined Dr. McGuirk in the fall of 2018. They offer a wide range of surgical services at CRMC and are located in the Specialty Clinic on the third floor of CRMC. If you would like more information or to make an appointment, please call 620-252-1639.

Montgomery County, Kansas RELAY FOR LIFE EVENT

STARTS: Friday, June 21, 2019 -6:00pm

ENDS: Saturday, June 22, 2019 - 6:00am

Veteran's Memorial Stadium

1610 Veterans Drive - Coffeyville, KS 67337

A Look Inside CRMC Medical Group in Independence

Celebrating 3 years in Independence. We are proud to serve you and your family.



Bridget Gibson, MD
Family Medicine



Judy Carpenter, APRN
Family Medicine
Maternal & Infant Clinic



Aaron Russell, MD
General Surgery



Whitney Cline, DO
Pediatric Medicine



Dara Gibson, MD
OB/GYN



Perry Lin, MD
OB/GYN
Infertility



Stephen Miller, DO
OB/GYN
Infertility

122 West Myrtle in Independence
To make an appointment, please call:

620-577-4062



CRMC Medical Group
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Identifying Allergies in Children

By Whitney Cline, DO
Pediatrician

What is an allergy?

An allergy is an overreaction of the immune system to a substance that is harmless to most people. In a person with allergies, the body attacks allergens causing reactions that range from mild to fatal. Allergies in children can consist of sensitivities to medications, environmental agents, or foods. Your child can become allergic to a medication the first time it is taken or after taking it many times. Common environmental allergens include pollen, bees, animals (cats, dogs), grass, or dust. Common food allergies include milk, peanuts, fruits, seafood, or eggs. Allergic reactions can affect different parts of the body, resulting in diseases or conditions such as:

- **Anaphylaxis** – a severe and possibly life-threatening allergic reaction
- **Asthma** – when the airways swell and spasm and cause air passages in the lungs to narrow. This may be triggered by an allergic reaction, although non-allergic triggers can also be the cause (such as infection or exercise)
- **Contact dermatitis** – an itchy rash caused by skin coming in contact with things like poison ivy or oak and certain chemicals in items like creams, cosmetics, and jewelry
- **Eczema** – also called atopic dermatitis; a chronic, itchy rash
- **Food allergy** – an allergic reaction to food that can range from stomachache, to skin rash, to a serious medical emergency
- **Hay fever** – an allergic reaction in the nasal passages causing a runny, itchy, and stuffy nose, sneezing and watery eyes
- **Hives** – itchy welts that may be caused by foods, a virus, medicines, or other triggers
- **Insect sting allergy** – potentially severe reactions from the stings of yellow jackets, wasps, fire ants, bees, or other stinging insects
- **Medication allergy** – symptoms such as rashes or more severe problems from various prescription and non-prescription medicines or vaccines

What causes allergies?

Hereditary factors play a big part in determining whether a child has allergies. Having one parent or sibling with allergies gives a child a 25% chance of developing allergies and this chance increases with every additional family member who

has allergies. Specific allergies and type of reaction are not necessarily inherited so it isn't likely your child will be allergic to the same things as the parent or react the same way. While heredity is a very important factor, children who don't have any relatives with allergies can also develop them.

When do allergic symptoms in children first show up?

Some allergic conditions show up early in life. For example, eczema often occurs in the first few years of life while hay fever usually appears during preschool or early grade school. For some children, allergies lessen around the time of puberty. Others will continue to have problems into adult years.

What are symptoms of allergies?

The following are symptoms of allergies:

- Eyes – itchy, watery, red, or swollen eyes
- Ears, nose, mouth, throat – ear blocked by fluid, runny nose, itchy nose, postnasal drip, sneezing, swollen lips/tongue, itching lips/tongue, sore throat
- Lungs – cough, wheezing, tightness in chest, problems breathing, shortness of breath
- Skin – eczema, hives, other rashes
- Digestive tract – stomachache, diarrhea, constipation, nausea, vomiting
- Other – headache, irritability, fatigue

Do drug treatments help?

There are many medicines to treat allergic conditions. Medicines include antihistamine pills or syrup, eye drops, nose sprays, asthma treatments, and creams or ointments. Some are available over the counter. These medicines can help relieve most symptoms. Allergy medicines may have minor side effects such as sleepiness or irritability. Before using any allergy medicines, carefully read the warnings on the label. If any of these medicines do not relieve your child's symptoms or if the side effects are too strong, call your pediatrician. Your child may need a different medicine or dose. Although medicines can be helpful, it is also important to identify allergy triggers and remove them when possible.

Dr. Cline sees patients at CRMC Medical Group Clinics in Coffeyville and Independence.

To make an appointment call:
Coffeyville - 620-688-6566 Independence - 620-577-4062

ONE YEAR LATER : BOONE MATTIX DEBO

Largest Baby born in Montgomery County
Second Largest baby born in the state of Kansas

It's been a year since Savana and Matthew Debo became the proud parents of the largest baby in Montgomery County and the 2nd largest baby in the state of Kansas. Boone Mattix Debo was born on March 19th, 2018 at CRMC. He weighed 14 pounds, 2 ounces, and was 22.5" long. Boone's mother, Savana, told us then "Boone was actually born early! His due date was expected to be April 1st."

"We didn't buy any newborn clothes for Boone because big sister Chesney started out in 0-3 months clothes, and we figured he would be too big. But Boone was too big for even 0-3 month clothes! He started out with 3-6 month clothes and wore size three diapers from birth. His outfit for coming home was his Raiders onesie (that was almost too small).

His mom says he is a "super laid-back" little baby and loves to snuggle. As you can see in the photo, Boone is quite a happy boy – and look at that dimple in his left cheek! His big sister Chesney (age 4) says, "I love him because I can carry him a little, but when he gets too heavy I have to put him down!"

Boone just celebrated his 1st birthday.

BOONE'S FAVORITE THINGS

- His sister, Chesney (who was also #BornatCRMC in 2014)
- The family dog, Sadie
- Climbing and riding his ride-on-truck
- FOOD - he's a great little eater!



CRMC Rehab Team Provides Top-Notch Services

"Therapy is a common word these days," said Kathryn Fisher, Director of Rehab Services at CRMC. "People realize that what we're doing works and can improve their lifestyle." And that is just what therapy provides, a rehabilitation service to help people return to their daily life following an injury, surgery, disease, or treatment.

Therapists build a specific plan for each patient that addresses the underlying problem through specialized techniques, treatments, and exercises. For instance, a physical therapist would develop a plan for a post-surgery patient that would assist in regaining muscle strength and endurance; increasing flexibility and mobility; managing pain and discomfort; and bolstering stamina.

CRMC offers a comprehensive range of rehabilitation services including physical therapy, speech therapy, occupational therapy, and aquatic therapy. To understand exactly how these rehabilitation services can best impact a patient, it's necessary to further define the types of rehab services available.

There are a number of reasons an individual would require physical therapy, ranging from sports or orthopedic-related injuries and joint replacement to muscle weakness and back pain, to name a few. Physical

therapy treatment focuses on restoring an individual's activity, strength, and mobility as well as managing pain.

Occupational therapy focuses on helping individuals achieve independence in all areas of their lives. For instance, if an individual experiences a stroke, they may require occupational therapy for dressing, grooming, and hygiene.

CRMC also offers aquatic therapy at an indoor facility for those who require treatments and exercises performed in water for relaxation, fitness, physical rehabilitation, and other therapeutic benefit.

"One of the biggest misconceptions out there is that therapy—physical or occupational—is only for those in 'pain'," said Fisher. "That's not necessarily the case. We help patients with pre-surgery strength and range of motion (what we call prehab); difficulty walking; frequent falls; dizziness; decreased strength; Parkinson's Disease; and so much more."

While Fisher states that more than 90% of their patients are referred by physicians, individuals do not need a physician referral to receive therapy in the state of Kansas. The team also receives a great number of orthopedic referrals from the surrounding area, including those patients who receive surgery at facilities outside of CRMC.

When a patient is referred by a physician, the therapists at CRMC work side-by-side with the doctor to ensure the therapy and treatment plan are progressing well. They then stay in constant contact with the physician regarding the patient's ongoing health. "We have immense respect for our doctors and they trust us," said Fisher.

With 17 therapists on staff, ranging from physical (PT) and occupational therapists (OT) to speech language therapists, CRMC's Rehabilitation Services work with a number of individuals for a variety of reasons. "We often work with geriatric patients in assisted living or nursing home facilities," said Fisher. "And patients see our rehab team post-op while in the hospital by our OT team and then PT team to get them up and walking before they even leave the hospital. We then have home health services until they regain their strength; then we may continue that care for outpatient when the patient is strong enough."



In the past five years, Rehab Services has seen its fair share of changes and growth and will continue to progress at CRMC as therapists plan for advancing their education. "We have more certifications now than ever before; we want our clinicians to continue training and receive new certifications in a range of services," said Fisher. "When we further our education, we are better able to serve our community and patients by offering additional services."

Game Ready cold compression therapy is another service that provides better recovery when working with athletes. It also helps with patients that are recovering from an orthopedic injury as well. With cold compression therapy athletes want to heal as efficiently as possible in order to return to their sport. Game ready combines active pneumatic compression and rapidly circulating cold therapy to do more than passively treat symptoms of pain and swelling. Game ready accelerates the body's natural repair mechanisms by enhancing lymphatic function, encouraging oxygenated blood flow, and stimulating tissue healing.

This therapy is optimal for post patients recovering from athletic injuries. The CRMC team has wraps for ankles, knees, shoulders, elbow/wrists.

CRMC Rehabilitation Department has recently added a LSVT BIG treatment plan for patients with Parkinson's disease and Physical Therapist, Kim Sanchez is able to treat these patients. LSVT BIG trains people with Parkinson's disease (PD) to use their body more normally. The treatment improves walking, self-care, and other tasks by helping people "recalibrate" how they perceive their movements with what others actually see. The treatment may be more effective in early or middle stages of someone with Parkinson's. LSVT BIG can produce significant improvements even for the people facing considerable physical difficulties.

Parkinson's Disease is a progressive disease of the nervous system marked by tremor, muscular rigidity, and slow imprecise movement, chiefly affecting middle-aged and elderly people.

"I used to avoid patients with Parkinson's because it is discouraging to see that despite the effort of doing exercises, the patient continued to decline rapidly. Now with LSVT BIG as my tool, I can see positive results in many of my patients. It is very rewarding to help them regain control of their movement and gain their life back. My heart was tickled when one patient told me, "I can play with my grandkids again," said Sanchez.

"You can go anywhere for therapy," said Kathryn Fisher, Director of Rehab Services, "especially in a larger city where there are physical therapy clinics on every corner. But not everywhere will you find a team that genuinely cares about your recovery and your return to function."

Call 620-252-1505 to learn more.

REHABILITATION DEPARTMENT

The rehabilitation team consists of several professionals in a variety of disciplines working together in conjunction with your referring physician. Speech and physical therapists work to provide individuals a path to enhanced living.

Speech Therapy

Speech/language therapy is the treatment of individuals ranging from pediatrics to geriatrics with speech/language disorders. Speech/language pathologists are professionals educated in the study of human communication, its development, and its disorders. Speech/language pathologists typically treat problems in the areas of articulation; dysfluency; oral-motor, speech, and voice; and receptive and expressive language disorders. A speech-language pathologist will also address swallowing dysfunctions affecting nutritional intake.

Individuals may require speech-language therapy for a variety of reasons:

- Producing sounds in syllables & saying words incorrectly
- Stuttering/slurred speech
- Oral motor deficits
- Swallowing disorders
- Thought processing
- Cognition
- Autism
- Brain injury
- Stroke
- Parkinson's
- Birth defects (cleft lip/palate)

Vital Stim Therapy

Therapy that combines neuromuscular electrical stimulation for dysphagia (swallowing disorder).

Aquatic Therapy

Qualifications for aquatic therapy are dependent on each patient- high pain levels, multiple sites for pain, weight bearing restrictions, post op conditions, low back pain and overall weakness are just a few diagnoses where aquatic therapy may be beneficial.

Physical Therapy

Physical Therapy is a treatment that focuses on restoring an individual's activity, strength and mobility following an injury or surgery. Physical therapy can also help manage pain, whether that pain is caused by poor posture, injury or disease. Physical therapy offers land-based therapy as well as aquatic therapy.

Individuals may require physical therapy for a variety of reasons:

- Sports injuries
- Orthopedic injuries
- Headaches
- Joint replacement
- Muscle or joint pain
- Muscle weakness
- Back pain
- Gait/balance training
- Jaw pain/TMJ
- Stroke
- Parkinson's
- Cerebral Palsy
- Brain Injuries
- Muscular Dystrophy

Occupational Therapy

Occupational Therapy is treatment that focuses on helping individuals in achieving independence in all areas of their lives. In addition to dealing with an individual's physical well-being, occupational therapy addresses psychological, social, and environmental factors.

Individuals may require occupational therapy for a variety of reasons:

- Dressing, grooming, hygiene
- Adaptive equipment/Assistive devices
- Orthopedic injuries and more.

COMMUNITY OUTREACH

FAMILY LIFE EDUCATION

CHILDBIRTH PREPARATION

The aim of this class is the preparation of the mother and father (or other support person) emotionally, physically, and intellectually for active participation in the birth process. The course includes: relaxation exercises, what to expect during labor and delivery, practice with breathing and pushing techniques, and care after the birth. Infant care including breastfeeding and infant CPR is also included.

DATES:

Weekend Classes (2019):

January 12th & 13th
February 9th & 10th
May 4th & 5th
June 22nd & 23rd
August 24th & 25th
November 16th & 17th

Tuesdays:

March 5th - April 6th
September 3rd - October 8th

TIMES:

Weekend Classes -

Saturday - 9:00am-4:00pm
Sunday - 1:00pm-5:00pm

Weekday Classes -

Tuesday - 6:30pm-8:30pm

REGISTRATION: 620-252-1589

LOCATION: 2nd Floor Administration Board Room at CRMC

FEE: Free

LACTATION CONSULTANTS

The Geeta Sandhu Women's Health Unit has two Lactation Consultants on staff and are willing to help any mother with questions or concerns about breast feeding. The Lactation Consultants are registered nurses and you can reach them in the unit.

REGISTRATION: Not Required

LOCATION: Women's Health Unit at Coffeyville Regional Medical Center

FEE: Free

NURSES: 620-252-1510



In addition to free classes offered on the Women's Health Unit, tours of our lovely facility can be done at your convenience.

For more information about our Women's Health Unit contact, Director, Jennifer Wintjen at 620-252-1589.

MATERNAL & INFANT (M&I) CLINIC

CRMC Medical Group provides and facilitates access to comprehensive prenatal care and follow-up for mother and infant for up to one year post delivery.

We hold an M&I clinic at our Independence location every Wednesday from 9:00am - 4:00pm. We provide financial assistance and a nutritionist to expecting mothers during their visits. Patients will see Judy Carpenter, APRN for the majority of their appointments, and will be provided a CRMC Medical Group OB/GYN physician. Patients will receive post-op care from CRMC Medical Group.

APPOINTMENT REQUIRED:

620-577-4062

DATES: Every Wednesday

TIME: 9:00am-4:00pm

LOCATION:

CRMC Medical Group
122 W. Myrtle
Independence, KS 67301

FEE: Free for women who qualify

WEE CARE BABY SUPPORT

CRMC helps new mothers in the adjustment period of parenting with all its new responsibilities. We understand many questions and fears may arise in the first weeks and months when a new little one joins the family. Mothers are encouraged to come with baby to the Geeta Sandhu Women's Health Services unit to receive support and encouragement.

REGISTRATION: 620-252-1589

LOCATION: Women's Health Unit at Coffeyville Regional Medical Center

FEE: Free

SUPPORT GROUPS

BARIATRIC SUPPORT GROUP

Open to those who have undergone weight-loss surgery or who are considering the procedure. Friends and family are welcome.

TIME: 1st Thursday of the month, 6:30pm-8:00pm

LOCATION: North Conference Center at CRMC

FEE: Free

MORE INFO: 918-331-8940

CANCER SUPPORT GROUP

This group provides educational and spiritual support for families living with cancer.

TIME: 3rd Thursday of every Month, 6:00pm

LOCATION: 4th Floor lobby at CRMC

FEE: Free

MORE INFO: 620-252-1606

EDUCATION CLASSES

DIABETES SELF-MANAGEMENT WORKSHOP (DSME)

If you are living with a diabetes health condition or are a caregiver of someone who has diabetes this workshop is for you. Self-Management Education workshops are interactive learning opportunities that teach techniques to manage common symptoms.

REGISTRATION: 620-515-4568 or kkiser@crmcinc.org

INFORMATION SESSION: May 16th at 1:30pm

WORKSHOP DATE: May 23 - June 27

TIME: 1:30pm (6 week workshop)

LOCATION: North Conference Center at CRMC

(Info session and for workshop)

FEE: Free * **MUST REGISTER PRIOR TO ATTENDING**



Pictured are some of the workshop leaders.

CHRONIC DISEASE SELF-MANAGEMENT WORKSHOP

If you are living with a chronic condition this Free workshop is for you. What you will learn:

- Decision-making and problem solving skills
- Communicate effectively with family, friends and healthcare professionals
- Deal with anger, depression, and difficult emotions
- Manage fatigue
- Learn new ways to eat healthy
- Control Pain

and much, much more!

REGISTRATION: 620-515-4568 or
kkiser@crmcinc.org

INFORMATION SESSION: May 31st at
1:30pm

WORKSHOP DATE: June 7th-July 12th

TIME: 1:30pm (6 week workshop)

LOCATION: Montgomery County
Health Department - Coffeyville
(Info session and for workshop)

FEE: Free * **MUST REGISTER PRIOR TO ATTENDING**

***** Please watch our website and
social media for information on dates
for upcoming classes.*****

Questions or for more information,
Please contact Kelle Kiser, RN



DID YOU KNOW...

that you can find healthy recipes
for the whole family?

The recipes that you will find on our website change monthly and are geared towards the season. Make sure you check out our winter recipes that will warm you up and fill your tummies.

SAFESITTER COURSE

SafeSitter® prepares students in grades 6th - 8th to be safe when they're home alone, watching younger siblings, or babysitting. Students learn life-saving skills such as how to rescue someone who is choking, and helpful information like what to do if there is severe weather. The lessons are filled with fun activities and role-playing exercises. Students even get to use CPR mannequins to practice CPR and choking rescue!

- Safety Skills
- Child Care Skills
- First Aid & Rescue Skills
- Life & Business Skills

REGISTRATION:

Required, 620-252-2201 or email
ashleyt@crmcinc.org

DATE: April 13th and June 8th

TIME: 9:30am-4:30pm

LOCATION: 4th Floor Conference
Room at CRMC

FEE: \$35 (includes manual and Safesitter Kit)

**** Please bring a sack lunch to the
safesitter course. The class will be
going into the lunch hour.****

**Limited space available, please
register your child.**

More classes are available
on our website
www.crmcinc.org/classes

SMOKING CESSATION

Thinking of quitting smoking or chewing tobacco but not sure where to turn? Have you quit before and started again? We understand that quitting tobacco is difficult. Our cessation program uses materials from the Mayo Clinic Nicotine Dependence Center. This patient-centered, interactive program respects your right to make your own decisions.

REGISTRATION: 620-252-1606

DATE: September 24 - November 26

TIME: Tuesdays 12:00pm-1:00pm
(8 Sessions)

FEE: Free

LOCATION:

CRMC Basement Boardroom

FITNESS CLASSES

LOW IMPACT CARDIO CLASS

You can burn serious calories without all that jumping around. We don't have anything against bouncing, but sometimes you want to give your joints a rest, and with this low-impact workout you can do just that.

DATE: Every Tuesday and Thursday

TIME: 10:00am-11:00am

LOCATION: Located in the
multipurpose room located across
the hall from the CRMC
Rehabilitation Department

FEE: Free

EDUCATOR:

Ashley Tatman

ashleyt@crmcinc.org

WALKING CLUB - CRMC Basement Bunch

This is an all year walking program to help you keep fit, and there are prizes along the way. Sign up today down by our Rehabilitation Department on the Walking Track.

REGISTRATION: Sign up at the
Walking Track at the designated
table outside the Rehabilitation
Department

TIME: 5:00am-9:00pm, 7 days a week

LOCATION: Walking Track

FEE: Free

YOGA CLASSES

Do you want to be more relaxed, strengthen your spine, improve your circulation? Come join one of the Yoga classes offered at CRMC.

DATE:

Mon/Wed/Fridays - 9:00am-10:00am

Tues/Thurs - 5:00pm-6:00pm

LOCATION: Class located on the
north side of CRMC, in North Auxiliary
Classroom- Enter in North Entrance
clinic

FEE: \$7 a Class or \$35 a Month

**WHEN YOU'RE HEALTHY-
WE'RE HAPPY!**

Visit our Website:

www.crmcinc.org/wellness-education

A Glimpse From the past

CRMC AUXILIARY HISTORY

As far back as July 14, 1950, a small group of 36 started to plan for an auxiliary for Coffeyville Memorial Hospital. The below article is an excerpt from a Coffeyville Memorial Newsletter in February of 1955.

500 Women In Auxiliary for Hospital published, 2/27/1955

On January 15, 1951, the first business meeting was held and Mrs. J.W. Burrows was elected president. A total of 94 signed up as members at this first meeting. The group decided that all who joined during the year of 1951 would become charter members of the organization, and a total of 206 signed up during that time. Present membership totals 500.

The auxiliary of the hospital has bought an automatic patient roller, which moves the patient from the operating table and takes him back to his bed, a portable sewing machine, the latest model oxygen tent, three sets of junior-size silverware, five children's hospital beds, and 2,000 birth certificates.

The auxiliary has hemmed towels (in different colored thread for different floors and departments of the hospital), rolled bandages, made operating sheets and pneumonia jackets, sewed new drapes for all hospital rooms, and helped with vote registration last July.

On March 18, 1952, a magazine project was begun. Magazine cart service to the patients is performed each Tuesday, Thursday, and Saturday. The ladies wear bright, cheery, cherry-red smocks when delivering magazines to the rooms. All donations of recent issues of magazines are always appreciated.

The auxiliary project for 1953 was the purchase of a modern refrigerated oxygen tent, which made a total of three in the hospital at that time. The hospital has since added two more, bringing the total to five.

Today

The CRMC Auxiliary is still an integral part of CRMC with a total of 150 men and women that includes active and associate members. In 2018, this amazing group gave 12,540 hours of volunteer time to our hospital.

December 1970 - CMH Auxiliary Project

For the convenience of visitors and patients at Coffeyville Memorial Hospital, members of the hospital auxiliary have sponsored the installation of food and beverage dispensing machines in the hospital lobby. Mrs. Dexter Misch, a member of the auxiliary seated at one of the tables provided by the group as Mrs. Fred Miller places a coin in the machine which dispenses sandwiches, salads & desserts. (Photo courtesy of CRMC Auxiliary Archives)



WHY WE VOLUNTEER

Auxiliary members volunteer for a variety of reasons and many share that they receive personal satisfaction from volunteering at CRMC and feel valued by helping patients, visitors, and employees. Many volunteers enjoy the camaraderie of belonging to the organization and will tell you the value of being a member of the CRMC Auxiliary can't be measured but can only be felt with the heart.

HOW TO JOIN

The CRMC Auxiliary includes Active and Associate members, including our Volunteer Chaplains. Volunteers are needed in all areas. Whether you prefer a physically active position, working in the gift shop, offering assistance at the information desk, greeting patients and guests, or helping behind the scenes with bake sales and other projects – we have a place for you! Volunteer applications are available at www.crmcinc.org, at the main entrance, and in the CRMC Foundation Office. Completed applications may be returned to Cari Redden in the CRMC Foundation Office or at the Main Entrance. Auxiliary Members are required to pay an annual dues of \$10 to the CRMC Auxiliary, purchase an auxiliary vest, and complete a new auxiliary member orientation class.

LADIES AUXILIARY SECTION OFFICERS FOR 1953



Mrs. J. C. Boone,
President



Mrs. G. L. Allan,
Vice-President



Mrs. J. B. McCartney,
Secretary



Mrs. C. L. Christy,
Treasurer

COFFEYVILLE MEMORIAL HOSPITAL
AUXILIARY
— May is Membership Month —

Help your hospital help you.
Funds received from memberships will be used to purchase equipment needed at Coffeyville Memorial Hospital. Also Scholarships for Nurses Training and other projects.

Place your dues in this envelope and
MAIL TODAY

☐ \$ 1.00 — General Membership.
☐ \$ 5.00 — Associate Membership
☐ \$50.00 — Life Membership (Payable over two year period)
☐ \$ 1.00 — Membership Open to Men

Check Type Membership You Desire:
☐ Active (Volunteer Time, cake for ice cream Social, Contribute articles for Gift Shop)
☐ Inactive (Membership only)

Name Phone
Address State Zip
City
Checks Payable to Hospital Auxiliary
THANK YOU!



Physician Directory by Specialty

CARDIOLOGY

Anderson Mehrle, MD

CRMC Outpatient Services
(Located inside Tatman Cancer Center)
1400 W. 4th Street, Coffeyville, KS 67337
Call Bartlesville Office – 918-332-3600

EAR, NOSE & THROAT (ENT)

Charles Holland Jr., MD

205 SE Howard Ave, Bartlesville, OK 74006
Office: 918-333-0474

FAMILY/GENERAL MEDICINE

James Christensen, DO

Coffeyville Family Practice
209 W. 7th, Coffeyville, KS 67337
Office: 620-251-1100

Shravan Gangula, MD

CRMC Medical Group
Primary Care Clinic - Coffeyville
Office: 620-688-6566

Bridget Gibson, MD

CRMC Medical Group
Primary Care Clinic - Coffeyville
Office: 620-688-6566
Independence Clinic
620-577-4062

Michael Souter, DO

CRMC Medical Group
Primary Care Clinic - Coffeyville
Office: 620-688-6566

Judy Carpenter, APRN

CRMC Medical Group
Primary Care Clinic - Coffeyville
Office: 620-688-6566
Independence Clinic
620-577-4062

Mary Beth Hartley, APRN

CRMC Medical Group
Primary Care Clinic - Coffeyville
Office: 620-688-6566

Heather Pollet, APRN

CRMC Medical Group
Primary Care Clinic - Coffeyville
Office: 620-688-6566

Barry Phillips, APRN

CRMC Medical Group
Primary Care Clinic - Coffeyville
Office: 620-688-6566

GENERAL SURGERY

Michelle McGuirk, MD

CRMC Medical Group
Specialty Clinic - Coffeyville
Office: 620-252-1639

Aaron Russell, MD

CRMC Medical Group
Specialty Clinic - Coffeyville
Office: 620-252-1639

INTERNAL MEDICINE

Richard Brown, MD

CRMC Medical Group
Primary Care Clinic - Coffeyville
Office: 620-688-6566

NEPHROLOGY

Paul Maraj, MD

Clinic Location: CRMC Outpatient Services/
Tatman Cancer Center
1400 W 4th Street, Coffeyville, KS 67337
Office Number: Wichita Office – 316-263-5891

OBSTETRICS & GYNECOLOGY

James Christensen, DO

Coffeyville Family Practice
209 W. 7th, Coffeyville, KS 67337
Office: 620-251-1100

Dara Gibson, MD

CRMC Medical Group
Women's Health Clinic - Coffeyville
Office: 620-251-0777
Independence Clinic
620-577-4062

Stephen Miller, DO

CRMC Medical Group
Women's Health Clinic - Coffeyville
Office: 620-251-0777
Independence Clinic
620-577-4062

Perry Lin, MD

CRMC Medical Group
Women's Health Clinic - Coffeyville
Office: 620-251-0777
Independence Clinic
620-577-4062

Judy Carpenter, APRN

CRMC Medical Group
Independence Clinic
Maternal & Infant Clinic
Office: 620-577-4062

ONCOLOGY

Akinola Ogundipe, MD

Oncology/Hematology
CRMC Outpatient Services/Oncology/
Tatman Cancer Center
1400 W. 4th Street, Coffeyville, KS 67337
Office: 620-252-1501

Nathan Uy, MD

Radiation Oncology
CRMC Jerry Marquette Radiation Oncology
1400 W. 4th Street, Coffeyville, KS 67337
Office: 620-252-1563

OPHTHALMOLOGY

Garrick Rettele, MD

Southeast Eye Care, LLC
CRMC, 3rd Floor, Blue Elevators
1400 W. 4th Street, Coffeyville, KS 67337
Office: 620-251-3235

ORTHOPEDICS

K. Sunil Menon, MD

CRMC Medical Group
Specialty Clinic - Coffeyville
Office: 620-252-1639

Chad McCready, PA-C

CRMC Medical Group
Specialty Clinic - Coffeyville
Office: 620-252-1639

PEDIATRICS

Whitney Cline, DO

CRMC Medical Group
Primary Care Clinic - Coffeyville
Office: 620-688-6566
Independence Clinic
620-577-4062

PODIATRY

Jeffrey Hogge, DPM

Family Podiatry
209 N. 6th St, #102, Independence, KS 67301
Office: 620-331-1840

Barry Wesselowski, DPM

Family Podiatry
209 N. 6th St, #102, Independence, KS 67301
Office: 620-331-1840

UROLOGY

Bernard Howerter, MD

CRMC Medical Group
Specialty Clinic - Coffeyville
Office: 620-252-1639

WOUND CARE

Shravan Gangula, MD

Stephen Miller, DO
John Line, PA-C
CRMC Medical Group
Specialty Clinic - Coffeyville
For Appointments: 620-252-1173

HOSPITAL BASED PHYSICIANS & PROVIDERS:

ANESTHESIOLOGY:

Baba Abudu, MD
Christopher Hogan, CRNA
Susan Jenkins, CRNA
Julie Moses, CRNA

HOSPITALIST :

Richard Brown, MD
Shravan Gangula, MD
Joshua Wyckstandt, MD

PATHOLOGY:

Chitra Kohli, MD

RADIOLOGY:

David Gutschenritter, MD
Dan Gillespie, MD

EMERGENCY MEDICINE:

Russell Anderson, DO
John Michael Carlson, DO
Jerry Castleberry, DO
Cass E. Cherry, DO
James L. Christensen, DO
Jeffrey A. Coldwell, MD
Jeffrey Dixon, MD
William Gray, MD
Jesse Hatfield, MD
James Hensel, DO
Timothy D. Herrington, MD
Shane B. Hnatkusko, DO
Jeffrey Johnson, MD
Craig Kennedy, MD
Kevin Kierl, MD
Derek Knotts, MD
David P. McAdams, DO
Joshua R. McFalls, MD
Gregory A. Melish, MD
Wolfgang P. Miggiani, MD
Brian D. Milman, MD
Kenneth E. Phillips, DO
Eric A. Reddick, MD
Jonathon Robins, DO
Donald Sanders, DO
Amanda N. Satterwhite, MD
Matthew W. Smith, DO
Jaron J. Soulek, MD
Garrett Taylor, MD
Emily A. Williams, MD
Eric Woolley, MD

Hospital Main Number: 620-251-1200
Website: www.crmcinc.org

CRMC MEDICAL GROUP LOCATIONS

CRMC Medical Group

Primary Care Clinic

1400 W. 4th Street,
Coffeyville, KS 67337
(North Entrance)

CRMC Medical Group

Women's Health Clinic

1717 West 8th Street,
Coffeyville, KS, 67337

CRMC Medical Group

Specialty Clinic

1400 W. 4th Street - 3rd Floor
Coffeyville, KS 67337
(Use Blue Elevators by ER)

CRMC Medical Group

Independence Clinic

122 W. Myrtle St.
Independence, KS 67301

Interventional Radiology and **Pain Management** Procedures at CRMC

Interventional Radiology (IR) is a specialty within radiology, which offers therapeutic help, in addition to diagnosis applications, for many types of diseases throughout the body, and for **pain management**. IR procedures offer patients less recovery time and less risk than most surgical options.

IR treatments are precisely targeted and use a minimally invasive technique - meaning many procedures can be done on an outpatient basis. In some cases, the patient is even able to continue with their day as usual after the procedure.

If you are suffering from chronic or acute pain, talk to your medical provider about therapeutic pain management options available at CRMC.

Read more about therapeutic pain management and Dr. David Gutschenritter on page 8.

